

Quasiquicentennial
Year



YOUNG MEN'S CHRISTIAN ASSOCIATION BANGALORE

Annual Report 2024-2025



Theme : “Rooted In Values, Reaching New Heights”



YMCA Founders' Day



World Environment Day celebrated at St. Catherine High School



Annual General Body Meeting



International Guests at the International Programme Centre



Christmas Celebration at City YMCA



Celebration of Independence Day



Prayer Message on 1st Monday of New Year 2025.



Women Empowerment Programmes: Free Coaching for women in Tailoring and Bag Production



International Women's Day celebrated at YMCA, K.G. Halli , Bangalore



Staff and volunteers of YMCA Women Empowerment centre participated in Women /Gender Assembly at Yelagiri organized by NCYI

CHILDREN IN CRISIS PROJECT



Day Care Children at the Centre



Entertainment and cultural programme for shelter boys at K.G. Halli Dream Home organised by Y's Men International, Peenya



Children's Day and YMCA/YWCA world week of prayer observed at YMCA Dream Home, K.G. Halli



Internship by College Students at YMCA



Free Medical Checkup At Doddigunta



Societal Training Exposure For students from U.T.C at Murphy Town Centre



Secretary Trainees from U.T.C Visited City YMCA



Inauguration of OFF-GRID Programme and its fun filled and physical activities

MEMBERS OF THE BOARD OF DIRECTORS FOR THE YEAR 2024-2025



Dr. S. Philip Lewis
President



Rev. Inbaraj Jeyakumar
Vice-President



Rev. Dr. P. Sethu
Treasurer



Dr. Daniel Rathnakar. J
General Secretary



Mr. Alfred Martin



Dr. Shanthakumar.S.



Mrs. Pramodini Narendranath



Mr. Sunil J. King



Mr. Kuriakose. M. K



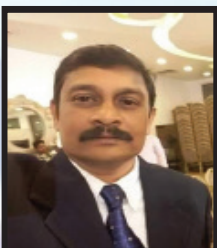
Mr. Elisha Andrews



Mr. N. J. Thomas



Mr. John Prasanna



Mr. Deepak Prabhu



Mrs. Juliet Vijayakumar



Mr. Nelson Xavier



Mrs. Jeba Jyothi

CONGRATULATIONS!



President, YMCA Bangalore

We extend our heartfelt congratulations to Rev. Dr. P. Sethu for being elected as President of YMCA Bangalore. We wish him every success in his upcoming role.

YMCA BANGALORE MISSION STATEMENT

"The Young Men's Christian Association of Bangalore seeks to unite people to build a just and equitable society, where the individual freedom will be enhanced to develop a human community from all faiths under the parenthood of God. The YMCA will celebrate, preserve, enhance and sustain creation in which people will be inspired to grow and work towards the reign of God. The YMCA will continue its struggle against oppression, marginalization, poverty, violence and empower men, women and children in crisis, so that the homes will become the witnesses of the creator God"



YMCA BANGALORE- AUDITOR



Mr. Charles Prabakar

Chartered Accountant

M/s Charles Prabakar
& Associates

YMCA BANGALORE- LEGAL ADVISOR



Dr. G. Sukumaran

Advocate & consultant

Dr. G. Sukumaran &
Associates

YMCA SECRETARIAL & OFFICE STAFF

| | | |
|--------------------------|---|---|
| Dr . Daniel Rathnakar.J | : | General Secretary, YMCA Bangalore |
| Dr. A. Maleques | : | Secretary, YMCA Bangalore (retired as on 31 st Dec 2024) |
| Mr. Abhishek. D | : | Probationary Secretary |
| Mr. Ramenglien Traite. C | : | Programme Assistant (from 1 st August 2024) |
| | : | Trainee Secretary (from 1 st February 2025) |
| Mrs. Sudha Kumari. M. S. | : | Steno-Typist, City YMCA (retired as on 31 st July 2024) |
| Mr. D. Gnanaprabhu | : | Accountant, City YMCA |
| Mr. Shiva Shankara. R. | : | Accountant, Bourdillon YMCA |
| Mrs. Niveditha. V. L. | : | Personal Assistant to General Secretary, City YMCA |
| Mr. Antony. S. | : | Office Assistant- Family YMCA |

YMCA PROJECTS YMCA COLLEGE OF PHYSICAL EDUCATION

| | | |
|-------------------------|---|---|
| Dr. Daniel Rathnakar. J | : | Correspondent |
| Dr. A. Maleques | : | Principal (retired as on 31 st Dec 2024 & continued on contract basis) |
| Mr. B. S. Venkatesh | : | Manager (on Contract basis) |
| Dr. V. Karthik | : | Vice –Principal |
| Mr. Thyagarajan | : | Lecturer |
| Ms. Sowjanya | : | Lecturer (from 1 st Nov 2024) |

FACILITIES AVAILABLE FOR MEMBERS AT YMCA

City YMCA

Nrupathunga Road, Bangalore – 560 001, Ph: 91-080-22211848, 22217711, 22105159

Email:ymcabangalore19@gmail.com Website: www.ymcablr.org

- Lawn tennis, Cricket Club, Shuttle Badminton, Cricket Academy & Computer Academy (recognized by NIOS).
- Guest rooms: A/C & Non A/C - Double Rooms, Single Rooms and Family Suite.
- YMCA College of Physical Education, B.P.Ed. & D.P.Ed.

Affiliated to Bangalore City University Recognized by NCTE and Government of Karnataka.

Bourdillon YMCA

66, Infantry Road, Bangalore - 560 001, Ph: 91-80-2559168 / 91-80-25591583

E-mail Id: ymcabourdillon@yahoo.com

- Branch office and CIC office.

Family YMCA

57, Millers Road, Benson Town, Bangalore – 560046, Phone: 91-80-23538322

- Indoor Shuttle Badminton

| | | |
|---|---|--|
| BANKERS | : | Union Bank of India, N. T. Road, State Bank of India, Vidhana Veedhi Branch Indian Overseas Bank, Infantry road & Indian Bank, Shivajinagar. |
| HEAD OFFICE | : | International Programme Centre & Guest Rooms City YMCA, Nrupathunga Road, Bangalore – 560 001. Tel: 080-22211848, 22105159, 22217711 E-mail: ymcabangalore19@gmail.com Website: www.ymcablr.org |
| BRANCHES | : | Bourdillon YMCA 3rd Floor, T-4 Unit, YMCA Gem Plaza Building, # 66, Infantry Road, Bangalore – 560 001. Tel: 080-25591681 Email: ymcabourdillon@yahoo.com |
| | : | Family YMCA 57, Millers Road, Bangalore – 560 046. Tel: 080-23538322 |
| PROJECTS | : | YMCA Camping Centre Kodugurki Village, Devanahalli. |
| YMCA CHILDREN IN CRISIS PROJECT OFFICE | : | YMCA Bourdillon Branch 3rd Floor, YMCA Gem Plaza Building, # 66, Infantry Road, Bangalore – 560 001. Tel: 080-25591681 |
| YMCA CIC CENTRES | : | YMCA Children in Crisis Street Children Rehabilitation Home & Vocational Training Centre, # 36, 2 nd Main, Gandhinagar, Kadugondanahalli, Bangalore-560045 |
| | : | YMCA Street Children Rehabilitation Home Corporation Bldg. Thamarai Kannan Road, Murphy Town, Bangalore – 560 008. |
| | : | YMCA CIC Day Care Centre Vajreshwari Kannada Yuvakara Sangha, Janakiraman Layout, MaruthiSevanagar, Bangalore – 560 033. |
| | : | YMCA Women Empowerment Centre Tailoring Unit, G. Muniappa Garden Doddigunta, Cox Town, Bangalore - 560 005. |

President's Message...



Dear Friends of YMCA,

The YMCA has always been more than a place — it is a movement, a promise, and a community. As we look back on this year, I am proud of the countless ways we have lived out that promise: by creating spaces where people feel welcome, supporting families in need, and helping individuals discover their fullest potential.

Our path forward is shaped in the 125th Year of Bangalore YMCA by **Vision 2030**, a bold commitment to ensure the YMCA continues to meet the needs of a changing world. Our vision rests on **four pillars** that guide our work:

1. Community Wellness

Health is more than exercise — it's the foundation for a fulfilling life. This year, we expanded our wellness programs, from group fitness and youth sports to mental health support and nutrition workshops. By 2030, we aim to ensure that every person in our community has the resources and encouragement to live well, regardless of age, income, or ability.

2. Youth Empowerment

Our young people are the leaders of tomorrow, and they deserve every chance to succeed today. We have grown our mentorship programs, introduced skills-building workshops, and increased access to scholarships for sports and education. Vision 2030 calls us to reach even more youth, equipping them with confidence, character, and a sense of purpose.

3. Inclusive Belonging

Diversity is our strength, and inclusion is our promise. This year, we have strengthened partnerships that help create safe spaces for all — including new comers, marginalized groups, and those seeking acceptance. By 2030, our YMCA will be a national model for belonging, where every individual is valued, respected, and heard.

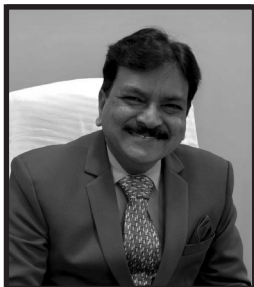
4. Sustainable Future

We recognize our responsibility to care for the environment we share. From energy-efficient facility upgrades to community tree-planting drives, we are taking meaningful steps toward sustainability. Our 2030 goal is to operate as a green, resource-conscious organization — inspiring environmental responsibility across our community.

Together, we can build healthier bodies, stronger minds, and more connected communities — for 2030 and beyond.

Rev. Dr. P. SETHU,
President, YMCA, Bangalore.

From the General Secretary's Desk...



Dear Members and Friends of YMCA Bangalore,

As we celebrate the remarkable milestone of our 125th anniversary, I am filled with immense pride and gratitude for the journey we have undertaken together. Since our inception in 1900, YMCA Bangalore has been a beacon of hope, community, and transformation, fostering the holistic development of individuals and families across our vibrant city. This year, we reflect on our rich history, honoring the countless lives touched by our programs and initiatives, while also looking forward to the future with renewed vigor and commitment.

Our 125th anniversary is not just a celebration of our past; it is a call to action for all of us to continue the legacy of service, inclusivity, and empowerment that defines the YMCA. We have adapted and evolved over the years, responding to the changing needs of our community, and we are proud to say that our dedication to youth development, healthy living, and social responsibility remains unwavering. As we embark on this new chapter, we invite you to join us in our mission to create a more just and compassionate society.

Together, let us honor our heritage while embracing innovation and collaboration. I encourage each of you to participate in our anniversary events and initiatives, as we celebrate not only our achievements but also the potential that lies ahead. Thank you for being an integral part of the YMCA Bangalore. Here's to 125 years of impact and to many more years of service and growth!

DR. DANIEL RATHNAKAR.J.
GENERAL SECRETARY
YMCA BANGALORE.

YMCA BANGALORE's QUASQUICENTENNIAL CELEBRATION

As we approach the milestone of our 125th anniversary in 2025, YMCA Bangalore takes this opportunity to reflect on a remarkable journey that began in 1900. The vision of Reverend W. Jose, affectionately known as the father of the YMCA in Bangalore, laid the foundation for an organization that has profoundly impacted our community. In 1904, the establishment of two branches—the Fort Branch in the Cantonment area and the Central Branch near the City Market, now known as Family YMCA and City YMCA now—marked the beginning of our mission to serve. This initiative was made possible through the dedicated efforts of J. Lowell Murray, our General Secretary, and Sir James Bordillon, our President at the time.

Established in 1958, the YMCA College of Physical Education in Bangalore is the second YMCA institution of its kind in India. Since its inception, the college has trained more than 4,500 men and women nationwide. Additionally, in the 1930s, the City YMCA grounds served as the venue for the State Olympic Games, setting the stage for a lasting legacy in the promotion of physical education and sports excellence.

From the outset, YMCA Bangalore has been a hub for intellectual and cultural engagement. The YMCA had hosted lectures on a variety of topics at Mayo Hall, attracting esteemed scientist Sir. C.V. Raman, who, after relocating to Bangalore, shared his insights with our community. In his honor, YMCA established a rolling trophy awarded to the winner of our English debate and also T. Reuben Kannada Debate, a testament to our commitment to fostering dialogue and critical thinking. The legacy of YMCA is also marked by our response to societal challenges like during the plague outbreak in Bangalore in 1898-1899, YMCA played a crucial role in community support, initiated the Shubhavathi River project to enhance our environment and in 1986, and launched the Street Children Project, providing shelter, education, and vocational training to orphans, school dropouts, and runaways found at bus stands and railway stations etc.

Now the YMCAs expanded its branches from City YMCA and Family YMCA to Bourdillon YMCA, CIC Dream Home and Women empowerment centers. These initiatives encompass vocational training, community service, and wellness programmes that cater to diverse populations. The unwavering support of our dedicated members, volunteers, and partners has been instrumental in our success, enabling us to reach thousands of individuals each year.

Over the last 125 years, we have experienced remarkable changes, adapting to the shifting needs of society while remaining committed to our mission of empowering individuals and families. In the 1990s, we established various task groups focused on areas such as Ecology and Environment, Youth Issues, SADWI, New and Innovative Programs, YMCA College of Physical Education, and a Cricket Club, among others. We thank our past Board Members, Presidents, General Secretaries and Secretaries for their valuable contribution to build the organisation. From our beginnings of providing safe spaces for youth to participate in sports and cultural activities, to our current efforts tackling modern challenges in education, health, and social inclusion, YMCA Bangalore has consistently upheld the values of faith, hope, and love. Additionally, the YMCA has fostered numerous international relationships, welcoming many distinguished visitors over the years.

As we celebrate this significant anniversary, we invite our community to join us in reflecting on our rich history and envisioning a future where YMCA Bangalore continues to be a beacon of hope and opportunity for generations to come. Together, let us honor our past while embracing the promise of tomorrow, ensuring that the mission of YMCA remains vibrant and impactful for the next 125 years and beyond.

Rev. Dr. P. Sethu
President
YMCA Bangalore

Dr. Daniel Rathnakar. J
General Secretary
YMCA Bangalore

PROGRAMMES

YMCA ANNUAL SUMMER CAMP: The YMCA Bangalore organised "Annual Summer Camp" from 4th April 2024 to 6th May 2024, under the theme "Explore - Endless Fun" at both City YMCA and Family YMCA. Activities at City YMCA included cricket, shuttle badminton, basketball, and lawn tennis, while Family YMCA also conducted shuttle badminton coaching. A Free Football camp was held for C.I.C. children at K.G. Halli and Murphy Town. Additionally, a free medical check-up for camp participants took place on 15th April 2024. Approximately 130 children benefited from this skill development camp.

VALEDICTORY FUNCTION: The Valedictory function for the Annual Summer Camp was held on 7th May 2024, at City YMCA. Sri Srinivas Sharath, a player from the Karnataka Ranji Trophy cricket team, served as the chief guest. Rev. Inbaraj Jayakumar, Vice President of YMCA Bangalore, presided over the function and delivered a speech. Dr. Daniel Rathnakar, General Secretary of YMCA Bangalore, welcomed the attendees. Dr. A. Maleques provided a brief report on the camp and expressed gratitude in the vote of thanks. Certificates were awarded to all participants.

WORLD ENVIRONMENT DAY: World Environment Day was organised on 5th June 2024, through a collaborative effort between YMCA Bangalore and St. Catherine High School. The event featured Mr. Akshey Heblikar, Director of the Biodiversity Project, as the keynote speaker. Guests of Honour included Ln. M. Devaraj, Ln. Lakshmi Bhagavath, and Mr. Srinivasulu, the principal and secretary of St. Catherine High School. Dr. Daniel Rathnakar J, General Secretary of YMCA Bangalore, extended a warm welcome to the attendees. Students from the school showcased skits focused on environmental conservation. Dr. A. Maleques concluded the event with a vote of thanks.

YMCA FOUNDERS' DAY: The YMCA Founders' Day was celebrated on 6th June 2024, at City YMCA, Nrupathunga Road, Bangalore. Mr. Daniel Rathnakar J, General Secretary of YMCA Bangalore, welcomed the gathering and introduced the Chief Guest. Rev. Sanjay Samuel, Pastor, delivered a message from God and recognized the contributions of Sir George Williams and the global YMCA community. Rev. Dr. S. Shantha Kumar, a Board Member, offered the opening prayer. The Programme was presided over by Rev. Inbaraj Jeyakumar, Vice-President of YMCA Bangalore. Other participants included Mr. Nelson Xavier, Mr. Deepak Prabhu, Mr. John Prasanna, Members of the Board, YMCA Bangalore, YMCA staff, students from YMCA College of Physical Education and Mr. Rajiv John, Director of the National Council Training Department. The programme concluded with a lunch.

INDEPENDENCE DAY CELEBRATION: Independence Day was commemorated on 15th August 2024, at 8:00 a.m. at City YMCA. Dr. Daniel Rathnakar J, General Secretary of YMCA Bangalore, welcomed the attendees. The chief guest, Dt. Parthasarathy B.M., an Orthopaedic Surgeon, delivered the Independence Day message. Dt. Juliet Vijayakumar, a Board Member, served as the guest of honor and extended her greetings. Rev. Inbaraj Jeyakumar, Vice-President of YMCA Bangalore, presided over the programme and shared his remarks. Following the flag



hoisting and a march past by YMCA Physical Education college students, the programme concluded with a fellowship community breakfast.

ANNUAL GENERAL BODY MEETING: The Annual General Body meeting of YMCA Bangalore was held on 24th August 2024, with 34 full members in attendance. Dr. S. Philip Lewis, President of YMCA Bangalore, welcomed the members of the General Body. Dr. Daniel Rathnakar J, General Secretary, presented the Annual Report for the year 2023-2024, while Rev. Dr. P. Sethu, Treasurer, shared the audited statement of accounts for the same period, which had been previously printed and distributed. Rev. Inbaraj Jeyakumar, Vice President of YMCA Bangalore, offered a vote of thanks, and the meeting concluded with a fellowship dinner.

OFF –GRID PROGRAMME: The Off –Grid programme was successfully held on 28th September 2024. The programme was attended by 38 registered participants. The inaugural service began with an opening prayer by Mr. Abhishek. D, Dr. Daniel Rathnakar. J, General Secretary, YMCA Bangalore welcomed the gathering and explained the concept of Off-Grid Program. Mr. Shekar Veeraswamy, Assistant coach, KSLTA was the Chief Guest. Dr. S. Philip Lewis, President, Mr. Nelson Xavier, Member of the Board of YMCA Bangalore and Dr. A. Maleques, Principal, YMCA P.E. College were also present. The programme was packed with fun-filled intellectual and physical activities that are also educational and recreational. A badge as a souvenir, prizes to the winners were distributed followed by a lunch.

WORLD YMCA/ YWCA WEEK OF PRAYER: The Inaugural Worship Service for the World YWCA – World YMCA World Week of Prayer was held on 10th November 2024 at 4:00 p.m.at City YMCA; Nrupathunga Road, Bangalore.. This year’s theme “*Moving with faith through the elements: Water-Earth-Fire-Wind*” .Rev. Inbaraj Jeyakumar (Vice-President, YMCA Bangalore) led the Worship Service and offered the Opening Prayers which was followed by a hymn led by Mr. C. Ramenglien Traite (Program Assistant, YMCA Bangalore).The congregation was welcomed by Dr. P. Sethu (Treasurer, YMCA Bangalore)while Dr. Stella Ananthia Manuel (Chairperson; World Week of Prayer Organizing Committee, Bangalore) brought the Presidential Remarks. Dr. Daniel Rathnakar J. (General Secretary, YMCA Bangalore) briefed the gathering on the significance of the World Week of Prayer. Mrs. Dorcas Pearl Sudeep (General Secretary, YWCA Bangalore City) introduced the speaker for the event and Ms. Dakerlin Mukhim (General Secretary, SCMI) read Genesis 1:1-10 setting the tone of the worship service. Dr. Kiran Jeevan (Hon. Director of Centre for International Human Development), the speaker of the Inaugural Worship encouraged the congregation to use our God-given power responsibly. After the powerful message, Mr. Abhishek D, proposed the Vote of Thanks and Dr. P. Sethu (Treasurer, YMCA Bangalore) closed the Inaugural Worship Service with a prayer and pronounced the benediction. The highlight of the Inaugural Worship service includes a reflective skit performed by the YMCA College of Physical Education Bangalore,a song by the YWCA unit student members and also by members of the YWCA Bangalore City. A week long programme was organized by YMCA, YWCA and S.C.M of India at different venues.

NATIONAL INTER-SCHOOL ELOCUTION COMPETITION: On the 14th December 2024 at 10:00 a.m, the Zonal preliminary round of the XXXVII National Inter-School Elocution Competition for the Sam T. Berkeley-Hill Memorial Trophy Competition was held at City YMCA, Nrupathunga Road, Bangalore. The event was inaugurated by Mrs. Jeba Jyothi, Member of the Board, YMCA Bangalore. Dr. Daniel Rathnakar J, General Secretary, YMCA Bangalore welcomed the students. Rev. Inbaraj Jeyakumar, Vice President, YMCA Bangalore was the Chief Guest at the valedictory ceremony. 19 schools participated at the competition and all the children were awarded participation certificate. The finals were held at YMCA Bombay.

YMCA CHRISTMAS CELEBRATION: YMCA Bangalore celebrated Christmas on 12th December 2024. Rt. Rev. Dr. Martin C. Borgai, Bishop In-Charge of CSI-K.C.D and Bishop of CSI, K.N.D, delivered the Christmas message, while Sr. Gracy Thomas, Sister Superior of St. Martha's Hospital, served as the guest of honour. Approximately 350 attendees participated in the celebration, followed by a fellowship dinner.

NEW YEAR PRAYER MESSAGE: On the first Monday of New year, 6th January 2025, a “Prayer Message Programme” was organised at City YMCA Main Hall, Nrupathunga Road, Bangalore – 560001. The Programme started with an opening prayer. Dr. A. Maleques, Principal, YMCA College of Physical Education welcomed the gathering. Rev. Deepak was the main speaker on the day and delivered an inspiration message. Rev. Inbaraj Jeyakumar, Vice-President, YMCA Bangalore brought out greetings and proposed Vote of thanks. Around 100 people participated in the programme which includes YMCA staff, Faculties and students of YMCA College of Physical Education. The programme was followed by Fellowship lunch thereafter.

REPUBLIC DAY CELEBRATION: The YMCA Bangalore celebrated 76th Republic day on 26th Jan 2025 at City YMCA, Nrupathunga Road, Bangalore – 560001 at 8.30 a.m. Rtn. K. Suresh, Past President/ Board advisor at Rotary Club Peenya, Bangalore was the Chief Guest and hoisted the flag. Rev. Inbaraj Jeyakumar, Vice President, YMCA Bangalore presided over the function. The programme concluded with a Fellowship breakfast.

INTERCOLLEGIATE DEBATE COMPETITION: The “Inter Collegiate English Debate Competition for the award of Sir C.V. Raman and Kannada Debate for the award of Prof. T. Reuben Memorial Trophy” for P.U. College students was jointly organised by YMCA Bangalore and Rotary Peenya Bangalore on Friday, 31st January 2025 at City YMCA, Nrupathunga Road, Bangalore. Rtn.K.S. Ashwathnaryana, President of Rotary Peenya, Bangalore was the Chief Guest and inaugurated the Programme. Mr. Nelson Xavier, Member of the Board, YMCA Bangalore presided the inaugural programme. 13 colleges participated in the competition. Dr. Selvaraj, Director, Youth Service, Rotary Peenya Bangalore, was the Chief Guest for this valedictory function along with Dr. Daniel Rathnakar, General Secretary, YMCA Bangalore, Rtn.K. Suresh, Past President/Board advisor, Rotary Peenya Bangalore. The winners and runners were awarded with cash prize and trophies and others with the participation certificate. The vote of thanks was proposed by Mr. Abhishek. D.

YMCA PROJECTS

‘SADWI’

**(Serving Abused, Demoralized & Women Issues)
Children in Crisis Project**

CIC HOMES: YMCA runs two homes for rehabilitation of street children and three open Centres for Children in Crisis.

CHILDREN’S DAY AND WORLD WEEK OF PRAYER

On the occasion of Children’s Day YMCA Bangalore organized a programme at Children in Crisis Dream Home at K.G. Halli. Mr.Selvaraj (Coordinator, CIC) led the meeting. The hall erupted with energy as Mr. Joel Emmanuel (Intern, SCMI) and Mr. C. Ramenglien Traite (Program Assistant, YMCA Bangalore) taught and lead some action songs.

Dr. Daniel Rathnakar J. (General Secretary, YMCA Bangalore) welcomed the gathering and introduced the World Week of Prayer to the congregation highlighting its importance and relevance. Rev. D. John Prasanna Kumar (Emmanuel Vision Church, Kolar Gold Fields) brought the message on the sub-theme “Moving with faith through the storm.” Apart from his word of encouragement, he sang two soulful songs that compliment his message.

The celebration of this auspicious occasion was attended by children from the neighborhood, Program staffs from the SCMI, some parents and well-wishers joined the celebration too. Mr. Chris Ivan Dan (Pianist) and Mr. Ifan Samuel (Drummer) were the guest artists for the day.

ENTERTAINMENT PROGRAMME FOR SHELTER BOYS

Y’s Men International, Peenya Bangalore, organized an entertainment and cultural program, including a magic show, for the boys at the K.G. Halli Dream Home on 8th December 2024. The event was followed by a lunch, and the organization generously provided slippers for all the shelter boys.

TRAINEES VISIT AT MURPHY TOWN

On 13th April 2024, Secretary Trainees visited C.I.C. Murphy town centre along with Mr. Rajeev John, Director, Training Department. They interacted with the children. Children entertained them by playing Skits and dance.

COLLEGE STUDENTS INTERNSHIP

a) Five Girls from B.Com Final year Goodwill Christian College and one girl from Aloysius College did their internship at CIC Murphy Town Centre from 23rd April to 9th May 2024. They also met General Secretary on 29th April 2024 at City YMCA.

- b) Five Girls from B.Com final year, St. Anne's First Grade College visited CIC Murphy town centre for 15 days i.e. from 16th -31st March 2024 and completed their internship.
- c) A new batch of students from UTC College began their internship at the shelter from 13th July 2024 to March 2025, visiting every Wednesday. Mr. Leo Prakash provided them with an orientation to enhance their experience.

WOMEN EMPOWERMENT PROGRAMMES

YMCA Women Empowerment Centre's Tailoring Unit at G. Muniyappa Garden, Cox Town, Doddigunta, Bangalore - 560005 conducts a Tailoring training programme from Monday to Saturday, divided into two sessions: 11 AM to 1 PM and 2 PM to 4 PM for poor women residing in and around the area. Each session accommodates 8 to 10 participants, providing an engaging learning environment.

The curriculum includes Basic hand stitches, Sewing machine components, Pattern making (theory), Measurement techniques, Sewing machine operation, Theory classes, Cutting and stitching classes which consists of twenty lessons and spans six months.

In addition to the tailoring course, the center collaborates with the Cox Town Health Centre to conduct monthly general health check-ups led by Dr. Jyothi and her team. The program also includes immunization vaccinations for children aged 0-10 years.

FREE MEDICAL HEALTH CAMP AT COX TOWN

On 28th March 2025, The YMCA Bangalore successfully organized a free medical health camp for in and around people at Cox Town, Muniyappa Garden. The event was inaugurated by Dr. Daniel Rathnakar, General Secretary of Bangalore YMCA, along with other dignitaries.

The medical camp was conducted by Dr. Jyothi from Cox Town Government Hospital and her team. A total of 63 individuals benefitted from the camp, receiving blood pressure and sugar level check-ups along with free medicines and the also provided snacks to all participants.

YMCA staff members Mr. Selvaraj, Mr. Sreenivasan, Abhishek D and Mrs. Mary were present at the event.

INTERNATIONAL WOMEN'S DAY

The Women's Empowerment Centre at YMCA Bangalore organised an "International Women's Day Programme" on 8th March 2025, on the theme "Accelerate Action" at YMCA Dream Home in K.G. Halli, Bangalore. Mrs. Ameli Cecily, Managing Trustee of Together We Thrive Trust and Treasurer of the Women's Commission for the Archdiocese of Bangalore, was the resource

person and inspired women to embrace independence and take charge of their lives. The event was presided over by Mrs. Jeba Jyothi, Board Member of YMCA Bangalore. Approximately 70 women from the local community attended the programme followed by a lunch.

Mrs. Mary Pascal, *Social worker; CIC* and volunteers of YMCA Women Empowerment centre attended National Gender /Women Assembly at YMCA Yellagiri from 7th to 9th March 2025 and at Chitradurga YMCA from 14th to 15th March 2025.

NOVEMBER FEST:

The YWCA Bangalore hosted the November Fest on November 16, 2024, at YWCA, Koramangala, Bangalore, aimed at promoting and displaying products in support of a noble cause. Mrs. Pascal Mary, CIC staff, set up a stall featuring handmade items from the Women Empowerment Centre, including chains, bracelets, bags and children's frocks.



CITY YMCA ACTIVITIES

The City YMCA regular activities are Shuttle Badminton, Cricket Academy and Tennis.

FAMILY YMCA ACTIVITIES

The Family YMCA remains dedicated to serving the community in and around the Benson Town area. Daily, approximately 80 members engage in activities at the Family YMCA, taking advantage of the shuttle badminton facilities available.





YMCA COLLEGE OF PHYSICAL EDUCATION

“A LEGACY OF LEADERSHIP IN SERVICE TO HUMANITY”



YMCA College of Physical Education, Bangalore, established in 1958, is a pioneering institution dedicated to high-quality professional training in physical education. Focused on holistic development, the college has nurtured many successful professionals over the decades. Its evolving curriculum covers physical fitness, sports science, and health education, equipping students for future challenges. YMCA College remains committed to fostering growth, creativity, and community service while celebrating its rich history and preparing students and alumni for impactful contributions in physical education.

The Various Programmes, Tournaments, Meetings conducted during the year were:

DIET Inspection: On 8th April 2024, a group of officials from DIET visited our college and inspected all the D.P.Ed. Student records and interacted with every student.

Cricket intramural: On 19th April 2024 Cricket Intramural was organized at the YMCA Ground. Dr. Abraham from St. Marthas hospital inaugurated the cricket match and distributed the rolling cups for the winners and runners.

Volleyball Intramural: On 24th, April 2024, Volleyball Intramural was conducted. Bheem nivas won the match.

Badminton Intramural: On 3rd and 4th May 2024, a Badminton Intramural competition was organized, and Bheemnivas house won the championship.

Tug-of-War Intramural: On 15th May 2024, Tug-of-War Competitions was organized and Bheem nivas won the competition.

Governing council meeting: On 17th May 2024, the governing council meeting commenced with a silent prayer. Dr. A. Maleques welcomed Dr. Daniel Rathnakar.J, the General Secretary of YMCA Bangalore and correspondent of YMCA College of P.E., along with Dr. Thandava Gowda, nominated by the governing council member and correspondent of the same college, Dr. Karthik, Vice Principal, and Mr. Venkatesh, Manager. During the meeting, Dr. Daniel Rathnakar.J provided a briefing regarding the future development plans for the college and the progress of the students. Dr. A. Maleques then reported on the college's activity programs, including theories and practicals. The meeting concluded with Dr. Karthik offering the vote of thanks.



Talents day: On 17th May 2024, Talent Day was held for all students, featuring a variety of performances. Students participated in solo songs, group songs, dance, mimicry, skits, and a fashion show, showcasing their diverse talents and creativity. It was a vibrant event that celebrated the skills and artistry of the students.

Sports event management Workshop: On 28th May 2024, a workshop on sports event management was held for current students and alumni, led by Mr. Arshad. Certificates were distributed to all participants, recognizing their involvement in the event.

National Sports Day: On 28th August 2024, college students observed National Sports Day. The celebration featured a sport tableau set to national integration music, along with demonstrations of pyramids and a sports quiz contest.

Teachers' day: Staff and students celebrated Teachers Day on 5th September 2024. The student association committee started the programme with an invocation song and welcomed the staff. The principal and staff delivered the teachers day message, cut the cake, and distributed it to all the students.

Basketball Intramural: On 27th September 2024, organized basketball intramural between Arjunivas and Bheemnivas. General Secretary, Dr. Daniel Rathankar, was the chief guest; he delivered the speech and inaugurated the intramural by tossing the basketball. Bheemnivas are the organizers; they marked the basketball court, guarded the guest, sang the invocation song, welcomed the guest, and made all the arrangements.

Mind Education Session: Representatives from Korea International Youth Fellowship took mind education session for our college students on 17th October 2024. IYF volunteers performed a few dances and entertained our students on the occasion.

Talents Day: Talents Day was organised for college students; all students participate in the cultural events, group song, individual song, group dance, individual dance, mono acting, mimicry, modelling, etc, on 25th October 2024.

Student committee election: A student committee election was conducted on 28th October 2024, and the following student office bearers have been elected. 1. President: Aditya Kumar. 2. Vice President: Nandhana.P.K. 3. Secretary: Naveen 4. Recreation Secretary boys: Avinash 5. Recreation Secretary girls: RimJhim.

Teaching Practice and Internship training: Block teaching practice and internship training were organised in schools from 4th November to 16th November 2024 for B.P.Eds and for D.P.Eds Internships till 30th November 2024. The following are the schools that had block teaching practice. 1. St. Joseph School CBSC. 2. St. Joseph Indian high school. 3. St. Joseph Indian primary school. 4. United Mission School. 5. Mitralaya girl's school. 6. Bishop Cotton Boys School. 7. Cathedral School. 8. Sacred heart boy's school. 9. St. Mary's School.

BCU 6th Annual Athletic meet :Hon'ble Vice Chancellor Prof.Lingaraju Gandhi and BCU Physical Director In Charge Dr.Shivashanker appreciated our students for officiating and participated in BCU 6th annual athletic meet on 27th and 28th November 2024, our students officiated and participated in this meet.

James Naismith Inter-high School Basketball Tournament: On 27th November 2024, YMCA Bangalore organised an inter-high school basketball tournament. The tournament was inaugurated by Dr. Daniel Rathnakar, General Secretary of YMCA Bangalore. The chief guest for the prize distribution was Mr.Srinivasulu, principal of St. Catharine School. Eight teams participated, and the winners in the boys section are St. Joseph High School CBSC, and the runners-up are Daffodils High School. In the girls section, the winners are Cluny Convent High School, and the runners-up are St. Joseph Girls School.

Football Intramural: On 27th November 2024, the YMCA College organised a football intramural, and the chief guest to inaugurate the intramural competition was Mr. Valentine Chiku, Nigerian football coach. Bheem Nivas won against Arju Nivas.

Leadership Camp: YMCA college students had a leadership cum recreation camp at the YMCA Yelagiri Camp Centre from 4th December to 6th December 2024. During the camp we conducted Camp Olympics games, camp songs, the Queen of Sheba, scavenger hunts, Treasure hunt. Tracking, cookouts, headdress competitions, Camp craft, Camp adventures games etc.



CRICKET ACADEMY

"Fitness is Excellence"

The YMCA Cricket Academy for the year 2024-2025 commenced from the month of June 2024. Around 100 students enrolled for the academy. Throughout the year, they participated in various tournaments and K.S.C.A League matches. Regular practice sessions are being held to enhance their skills.

TOURNAMENTS:

The boys from the Bangalore YMCA Cricket Academy competed in friendly matches against the students of YMCA Chennai on 23rd and 24th March 2024, at the YMCA College ground in Chennai. A total of 13 players, accompanied by their coach, took part in the tournament. Medals and trophies were awarded to the winners and runners-up, while all participants received certificates. Dr. Daniel Rathnakar J., General Secretary of YMCA Bangalore, attended the inauguration and observed the matches.

VALEDICTORY FUNCTION:

The valedictory function for the YMCA Bangalore Cricket Academy was held on 22nd February 2025, at City YMCA on Nrupathunga Road, Bangalore. Shri Vivekanand Kini, the former President of the Association of Cricket Umpires, Karnataka, served as the Chief Guest and addressed the Academy students. Dr. Daniel Rathnakar J., General Secretary of YMCA Bangalore, welcomed the attendees, while Mr. Harsha, the coach of the YMCA Cricket Academy, provided an overview of the programme. The event was presided over by Dr. S. Philip Lewis, President and Rev. Inbaraj Jeyakumar, Vice President of YMCA Bangalore. Trophies were awarded to the winners, and all academy students and coaches received medals and certificates. Throughout the 2024-2025 academic years, a total of 100 students successfully completed their training. The programme concluded with refreshments for all participants.



CONFERENCES AND MEETINGS

ORDINARY GENERAL MEETING-38TH ANNUAL MEETING OF REGIONAL COUNCIL 2024: The South Central India Region of YMCAs held a regional conference and council meeting on 6th July 2024 at Udupi. Rev. Inbaraj Jeyakumar, Vice-President, Rev. Dr. P. Sethu, Treasurer and Dr. Daniel Rathnakar. J, General Secretary participated in the meeting representing Bangalore YMCA.

REGIONAL YOUTH ASSEMBLY: The Regional Youth Assembly 2024 of the South Central Regions of the YMCAs was held at CSI Zion Church, Davangere from 17th – 18th November 2024. Mr. Ramenglien Traite, the Programme Secretary of YMCA Bangalore, participated in the event along with three young representatives. Mr. Ramenglien Traite was elected as member of the Advisory Board for the Youth Forum.

REGIONAL ELECTION CUM REGIONAL COUNCIL MEETING: The meeting of the Regional Council and Regional Election of South-Central Region of YMCAs was held on 11th January 2025 at YMCA Regional Youth Centre, Udupi. The meeting was attended by Dr. Daniel Rathnakar, General Secretary of YMCA Bangalore and Rev. Inbaraj Jeyakumar, Vice President of YMCA Bangalore. Rev. Inbaraj Jeyakumar, was unanimously elected as the Regional Vice-Chairman for the South Central India Regional Committee, serving a term from 2025 to 2027.

REGIONAL LEVEL WORKSHOP ON HEALTH & LIFE STYLE DISEASES: Rev. Inbaraj Jeyakumar, Vice-Chairman of SCYI and Vice-President of YMCA Bangalore, participated in the Regional Council meeting and a two-day regional workshop on "Health and Lifestyle Diseases" hosted by YMCA Mangalore on 28th February and 1st March 2025. Representing YMCA Bangalore at the workshop were two participants, Mr. Hudson Caleb and Mr. Dhyan Samuel, along with Mr. C. Ramenglien, Trainee Secretary of YMCA Bangalore. The event attracted around 45 students from different colleges and institutions.





OBITUARY

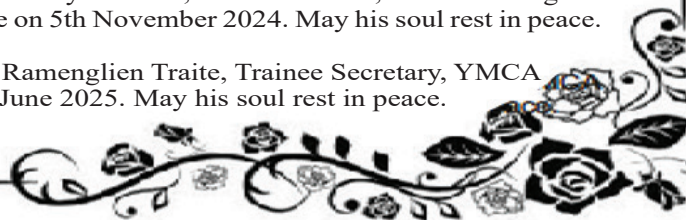
Mr. Pichai Muthu, A staff member at YMCA Bangalore who served as an electrician at City YMCA, left for heavenly abode on 2nd February 2025. May his soul rest in peace.

Mrs. Porkodi Prabakaran, A former member of the Board of YMCA Bangalore, departed to be with the Lord on 19th March 2025. May her soul rest in peace.

Mrs. Prema Kumari, Full member of YMCA Bangalore left for heavenly abode on 8th April 2025. May her soul rest in peace.

Mr. P. Andrews Prabhakar, Father of Mr. Nithya Prabhu, Office assistant, YMCA College of Physical Education left for heavenly abode on 5th November 2024. May his soul rest in peace.

Rev. Thangsuolien Traite, Father of Mr. Ramenglien Traite, Trainee Secretary, YMCA Bangalore left for heavenly abode on 6th June 2025. May his soul rest in peace.



WE PLACE ON RECORD OUR SINCERE THANKS TO THE FOLLOWING

- Ministry of Women & Child Development, Govt of India.
- Department of Women & Child Development, Govt. of Karnataka
- National Council of YMCAs of India(NCYI)
- Press & Television Media of Bangalore
- Dr. Chandrashekar Reddy.K, Agriculture Developer, Bangalore
- Mr. Chandrashekar Reddy. G, M/s Harmony Promoters, Bangalore.
- Mr. Gopal Reddy and Mr. Bharghav Narayan Reddy, M/s. Jaya Surya Developers, Bangalore
- Mr. Praveen. S. HBR Layout, Hennur, Bangalore.
- Mrs. Kim, USA
- Union Bank of India, Nrupathunga Road
- State Bank of Mysore
- State Bank of India
- Indian Bank
- Indian Overseas Bank
- Bunga Ravi Teja & Associates, G.S.T Consultant
- Dept., of Public Instruction. Govt. of Karnataka
- K. S. C. A.
- National Institute of Open Schooling
- Rev. Dr. Chilkuri Vasanth Rao, Principal, United Theological College
- Prof. Lingaraja Gandhi ,Vice Chancellor, Bangalore City University.
- Sri. Jaware Gowda, K.A.S, Registrar, Bengaluru City University
- Mr. Shivanna, Principal, DIET, Rajarajeshwari Nagar, Bangalore.
- Dr. P.C. Krishnaswamy, Professor, University College of Physical Education.
- Prof. Ramesh, Registrar (Evaluation) BCU, Bangalore City University.
- Sri Srinivas Sharath, a player from the Karnataka Ranji Trophy cricket team
- Mr. Akshey Heblikar, Director of the Biodiversity Project
- Rev. Sanjay Samuel, Pastor
- Dr. Parthasarathy B.M., an Orthopaedic Surgeon
- Dr. Kiran Jeevan (Hon. Director of Centre for International Human Development)
- Rt. Rev. Dr. Martin C. Borgai, Bishop In-Charge of CSI-K.C.D and Bishop of CSI, K.N.D
- Rtn. K. Suresh, Past President/Board advisor at Rotary Club Peenya, Bangalore
- Rtn.K.S. Ashwathnaryana, President of Rotary Peenya, Bangalore
- Dr. Selvaraj, Director, Youth Service, Rotary Peenya Bangalore
- Dr. Jyothi, Coxtown Health Centre
- Mrs. Ameli Cecily, Managing Trustee of Together We Thrive Trust and Treasurer of the Women's Commission for the Archdiocese of Bangalore
- Y's Men International.

We acknowledge with gratitude the valuable support and assistance extended to us by our Board of Directors, members, volunteers, staff and well-wishers. We thank God Almighty for sustaining us throughout the year and also for giving us another Successful year of service and providing us strength in accomplishing the task at hand "*Rooted In Values Reaching New Heights*"

For and on behalf of the Board of Directors.

Dr. Daniel Rathnakar. J
General Secretary/CEO
YMCA Bangalore-India.

PERSONALIA

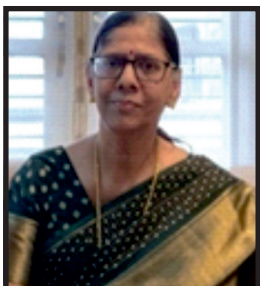
Congratulations



We Congratulate **Rev. Inbaraj Jeyakumar .V**, *Vice President, YMCA Bangalore*, for being elected as the Regional Vice-Chairman for the South Central India Regional Committee, serving a term from 2025 to 2027.

We wish him every success in this important role.

Retirement



Mrs. Sudha Kumari, *Steno-Typist of YMCA Bangalore* retired from her active service from YMCA Bangalore on 31st July 2024. We are grateful for her committed service to the YMCA over the past 32 years.

We extend our best wishes for a joyful and healthy retirement.

Y'S MEN CLUB OF BANGALORE



We extend our heartfelt congratulations to **HRM. Ysm. Abey John** for being elected as District Governor for the Bangalore District – I for the year 2025-2026. This remarkable achievement is a testament to his dedication, leadership, and unwavering commitment to the Y's Men Club of Bangalore. As he embarks on this new journey, we wish him all the best in his future endeavors

May his tenure be filled with inspiring initiatives, impactful collaborations, and the continued growth of our community and a successful year ahead under his guidance.



Regional Council Meeting and Election of SCRYI



Annual Meeting of Regional Council at Udupi of SCRYI



Zonal Preliminary round of XXXVII National Inter-School Elocution Competition



Pichai Muthu Chess Tournament organized at YMCA



Staff and volunteers from YMCA Bangalore participated in the Regional Youth Assembly at Davangere



Inaugural Worship Service of World YWCA /YMCA Week of Prayer at City YMCA



Celebration of Republic Day



Inter Collegiate English Debate Competition for the award of Sir. C.V. Raman and Kannada Debate for the award of Prof. T. Reuben Memorial Trophy.

YMCA CRICKET ACADEMY



Cricket Training for students at the Academy



New Bowling Machine purchased for training purpose



The Academy boys played friendly match against the YMCA Chennai team.



Valedictory function of Cricket Academy

YMCA COLLEGE OF PHYSICAL EDUCATION



FRESHER'S DAY



BASKET BALL INTRAMURAL



JAMES NAISMITH BASKET INTER-HIGH SCHOOL TOURNAMENT



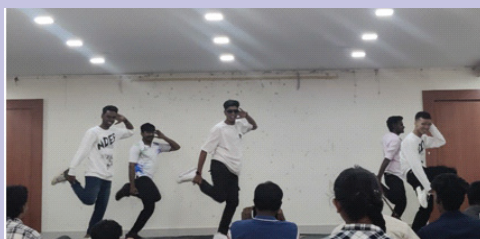
LEADERSHIP CAMP AT YELLAGIRI



PRACTICAL CLASSES



SPORTS EVENT MANAGEMENT WORKSHOP



TALENTS DAY



MIND EDUCATION SESSION



66TH BATCH OF D.P.ED AND 20TH BATCH OF B.P.ED

GRADUATION DAY

Staff Birthday Celebration



Annual Summer Camp 2024



CITY YMCA ACTIVITIES



Shuttle Coaching at Family YMCA



FREE FOOTBALL COACHING FOR SHELTER BOYS AT K.G.HALLI



FREE MEDICAL CHECKUP



VALEDICTORY FUNCTION



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For Details & Reservations please contact

Phone : 080-22211848, 22105159, 22217711

Email, ymcabangalore19@gmail.com or ymcaipcrooms@gmail.com

Website www.ymcablr.org.



Young Men's Christian Association

Nrupathunga Road, Bangalore - 560 001

Ph: 22211848/22105159/22217711

E-mail: ymcabangalore19@gmail.com, Website : www.ymcablr.org